FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APP	ROVAL					
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

(Last)	Name and Address of Reporting Person* Lutherford Jamey Traywick ast) (First) (Middle) /O ACADEMY SPORTS AND OUTDOORS, INC.				2. Issuer Name and Ticker or Trading Symbol Academy Sports & Outdoors, Inc. [ASO] 3. Date of Earliest Transaction (Month/Day/Year) 03/21/2023							S. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) SVP, Omnichannel					
	ORTH MAS	ON ROAD	77449		f Ame	endment,	Date	of Original Fi	ed (Month/D	ay/Year)	Lin	X Form	filed by One	e Rep	g (Check Ap orting Person	n	
(City)			(Zip)	Ru	Person Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intend satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.									hat is intende	d to		
1. Title of S	Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date				action 2A. Deemed Execution Date,		Code (Instr. 5)			ed (A) or	or 5. Amount of		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
				Code V			Amount	(A) or (D)	Price	Reporte Transac (Instr. 3	ed ction(s)			(Instr. 4)			
		Т	able II - Deriv				Acq	uired, Dis	posed of	, or Ben	eficially	/ Owned					
			(e.g.,	puts,	calls	s, warr	ants	s, options	converti	ble secu							
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	(e.g., 3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (I 8)	ction	5. Num	nber tive ties red sed	6. Date Exerc Expiration Day (Month/Day/	isable and	7. Title and Amount of Securities Underlying Derivative (Instr. 3 ar	rities)	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date, if any	4. Transa Code (I	ction	5. Num of Deriva Securit Acquir (A) or Dispos of (D) (Instr.:	nber tive ties red sed	6. Date Exerc	isable and	7. Title and Amount of Securities Underlying Derivative	rities)	Derivative Security	derivative Securities Beneficiall Owned Following Reported Transactio	ly	Ownership Form: Direct (D) or Indirect	of Indirect Beneficial Ownership	
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date, if any	4. Transa Code (I 8)	action Instr.	5. Num of Deriva Securit Acquir (A) or Dispos of (D) (Instr.: and 5)	tive ties red sed 3, 4	6. Date Exerc Expiration D. (Month/Day/	isable and ate (ear)	7. Title am Amount of Securities Underlyin, Derivative (Instr. 3 ar	Amount or Number of	Derivative Security	derivative Securities Beneficiall Owned Following Reported Transactio	on(s)	Ownership Form: Direct (D) or Indirect	of Indirect Beneficial Ownership	
Derivative Security (Instr. 3) Restricted Stock	Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year)	3A. Deemed Execution Date, if any	4. Transa Code (I 8)	action Instr.	5. Num of Derivat Securit Acquir (A) or Dispos of (D) (Instr. : and 5)	tive ties red sed 3, 4	Date Exercisable	esable and tate (ear) Expiration Date	7. Title am Amount of Securities Underlying Derivative (Instr. 3 ar Title	Amount or Number of Shares	Derivative Security (Instr. 5)	derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	on(s)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership	

Explanation of Responses:

- 1. Granted under the Company's 2020 Omnibus Incentive Plan (the "Plan").
- 2. Each restricted stock unit represents a contingent right to receive one share of Issuer common stock, par value \$0.01 per share ("Common Stock").
- 3. On March 21, 2023, the Reporting Person was granted 6,958 performance-based restricted stock units ("PRSUs"). These PRSUs vest if certain preestablished performance metrics related to the Company's (i) adjusted pre-tax income, and (ii) return on invested capital over a 3-year period beginning on January 29, 2023 and ending on January 31, 2026, are achieved and certified by the Issuer's compensation committee (which, if any, may vary from 0% to 200% of the number shown above), subject to the Reporting Person's continued service with the Issuer through each applicable vesting date.
- 4. These time-based options vest in three equal installments beginning on the first anniversary of the grant date.
- 5. These time-based RSUs vest in three equal installments beginning on the first anniversary of the grant date.

Remarks:

/s/ Gary Holland, Attorney-in-03/22/2023 fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.